

FALL
2024

High School



The Hills

The Hills is a series that encourages high schoolers to shine the light of Jesus with their lives. This can be an abstract concept for teenagers in this phase, so we'll approach this idea in two ways. First, we'll help them recognize the way God's light lives in them. Then, we'll point them toward seeing the way their everyday words, decisions, and actions can play a part in sharing that light with others.

MEMORY VERSE

In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.
Matthew 5:16, NLT

Week One

Matthew 5:14–16, Philippians 2:15, 1 John 1:5

God created you to shine.

Week Two

Ephesians 5:13–17, Genesis 1:2–5a, Luke 11:36

God's light in you brings order to chaos.

Week Three

Matthew 6:22–23

God's light in you brings light to others.

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ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your teen starts their day, tell them: “You were made to shine.”



Their Time

Comparison is something we model, whether we realize it or not. So, be aware of how you talk about others and yourself in front of your teen.



Meal Time

At a meal this week, have everyone answer this question: “What is something you do that you feel like God made you to do? Something that brings you joy?”



Bed Time

Pray that you and your teen will not be afraid to shine.



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