

SPRING
2025

High School



Give & Take

Forgiveness is easy to receive but harder to give. In “Give and Take,” high schoolers will learn what forgiveness really means and how it brings freedom to their lives. Over three weeks, they’ll discover how forgiveness helps them move forward with more peace.

MEMORY VERSE

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.
Ephesians 4:32, NIV

Week One

1 Thessalonians 5:15

You can forgive.

Week Two

Colossians 3:13, Romans 5:8

Forgive like you’ve been forgiven.

Week Three

Matthew 18:21–22

Forgiveness takes time.

High School

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your teen starts their day, share with them something funny you heard or saw.



Their Time

Feelings are important, but many times what is fueling the feelings, the reason why, is even more important.



Meal Time

At a meal this week, have everyone answer this question: "What is something you wish you could forgive?"



Bed Time

Pray that you and your teen will have the strength to choose to forgive.



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