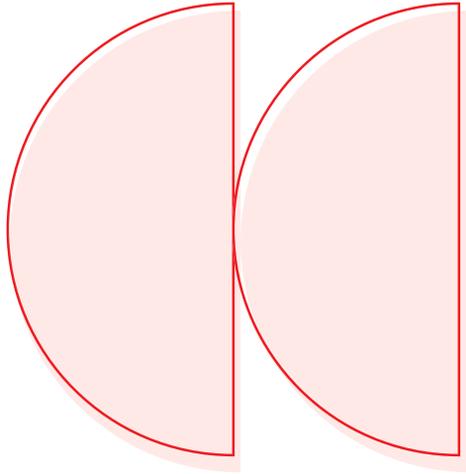


## DAY 4

### PHILIPPIANS 4:4 NLT

How are we supposed to always be full of joy? That feels impossible—especially when things are rough. But Paul isn't saying "always be fake." He's reminding us that joy doesn't depend on the situation—it depends on who we trust. When your joy is in the Lord, you're not pretending everything's fine. You're choosing to stay rooted in God's goodness no matter what comes.

**Write "Rejoice anyway" on a sticky note and place it where you'll see it this week. Let it be a reminder that joy is your choice, even when it's hard.**



## DAILY DEVOTIONAL

FOR AN  
**everyday faith.**

# ADVENT

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## DAY 5

### ISAIAH 9:6 NLT

**Say the memory verse every time you wash your hands this week. It'll stick—and remind you that Jesus brings real joy, not just during Christmas, but every day.**

# DAY 1

## PSALM 126:3 NIV

Ever laughed so hard you couldn't stop smiling, even hours later? That's joy—it sticks with you. But joy isn't just about laughing or feeling good. It's a deep sense of thankfulness. When we pause and recognize what God has done, we make space for joy to grow. Even if life's tough right now, remembering God's faithfulness can change our perspective.

**Ask someone you trust this: "What's something God has done in your life that brings you joy?" Share your answer too—and celebrate together.**

# DAY 2

## ZEPHANIAH 3:17 NLT

Have you ever felt invisible? Like people see what you do but not who you are? This verse is personal. God sees you. He delights in you. And get this—He rejoices over you with singing! That's not some far-off God. That's a loving, joyful God who's with you right now. Knowing you are deeply loved creates the kind of joy that isn't shaken by what others think or say.

**Read this verse slowly two or three times. As you do, picture God smiling over you with joy. What part of the verse sticks with you most?**

# DAY 3

## LUKE 2:9-10 NLT

Sometimes joy shows up in the most unexpected moments. The shepherds were just doing their job when an angel popped up in the sky. At first, they were scared—but then they heard the best news ever: Jesus was here. Joy isn't something we create - it's a response to knowing that Jesus came for us. That truth brings joy you can count on.

**Tell God one thing that's been stressing you out. Then thank Him for showing up in unexpected ways, just like He did with the shepherds (even if you haven't seen it yet).**